

Never Be Discourage By Temporary Failure

Temporary failure may make us depressed and perhaps cause us to give up what we plan to do initially. When we confront with such situation, what are the advisable things to do?



Believe in Yourself

We must continue to believe in ourselves when we encounter any temporary failure. Yes, most of the time, we can hardly be optimistic when we are staying in the downcast period as we start to doubt about our ability. In such cases, the best way to boost our confidence is to remind ourselves about our past achievements.



Interpret it as a Journey

Don't interpret your unsuccessful experience as 'failure'. Instead, interpret them as 'part of the journey' or 'temporary obstacle' that you need to surpass before you obtain your success or reach your final destination.



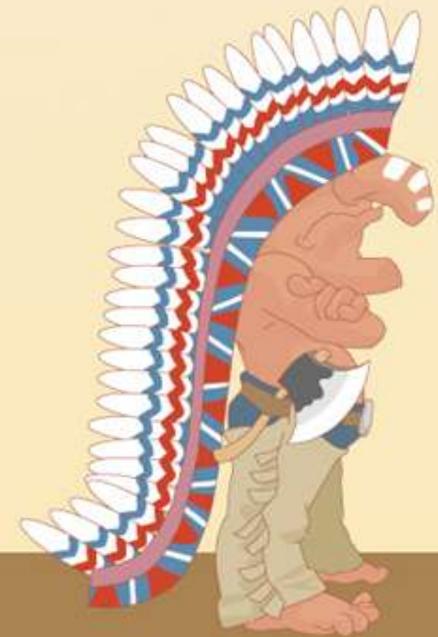
Gratitude of Thanks

Tell yourself all these temporary obstacles are the elements that make you a stronger and smarter person. You should be thankful that your life is interspersed with those barriers. Treat obstacles as an opportunity to grow and say 'thank you' for the experience.



Compare to Yourself

Stop comparing yourself with others. If you have already tried your best to improve yourself and you discover you have turned to be a more productive employee or a more likable person, then you have to congratulate yourself. These are already considered as your achievements.



Know Your Life Purpose

Recognize your life purpose and passion. It is instrumental in regaining the energy of motivation in order to achieve your life purpose when you despair of some fruitless attempts. Once you know why you are working hard for something, then you won't be easily stumped by the temporary obstacles in your life.



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