

Law of the Seed

The background is a solid teal color. In the lower half, there is a faint, semi-transparent illustration of two hands shaking, symbolizing an agreement or partnership. The hands are rendered in a lighter shade of teal, creating a subtle watermark effect.

This is a very good piece of
thought.



Read carefully and relate it
to your life.



The Law of the Seed

Take a look at an apple tree. There might be five hundred apples on the tree and each apple has ten seeds. That's a lot of seeds!

We might ask, "Why would
you need so many seeds to
grow just a few
more apple trees?"

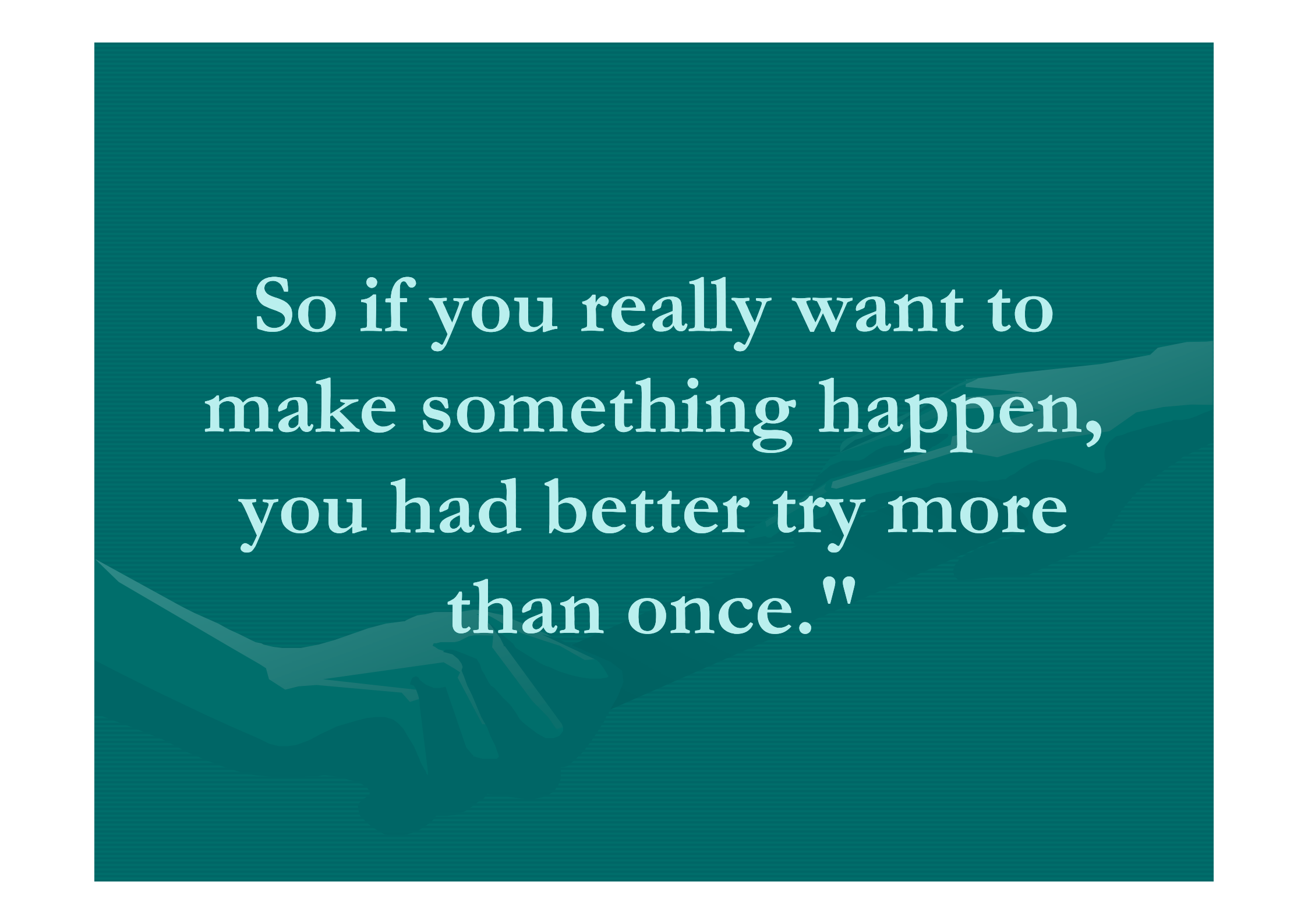
The background is a solid teal color. In the lower half, there is a faint, semi-transparent silhouette of two hands shaking, symbolizing agreement or partnership. The text is centered in the upper half.

Nature has something to
teach us here.



It's telling us:

“Not all seeds grow. In life,
most seeds never grow”.

The background is a solid teal color. In the lower-left quadrant, there is a faint, semi-transparent image of two hands shaking, rendered in a lighter shade of teal. The text is centered and reads:

So if you really want to
make something happen,
you had better try more
than once."

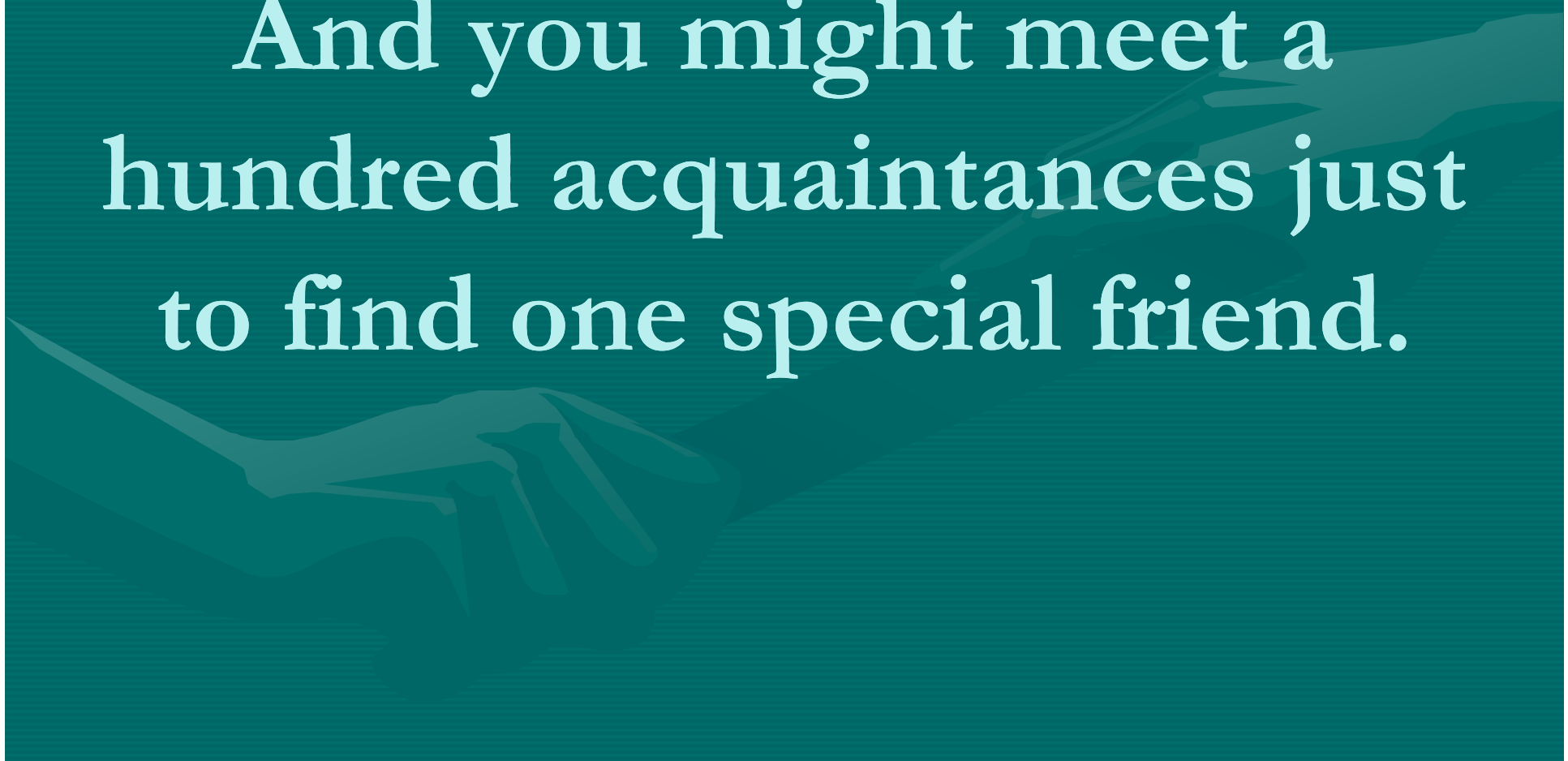
This might mean:

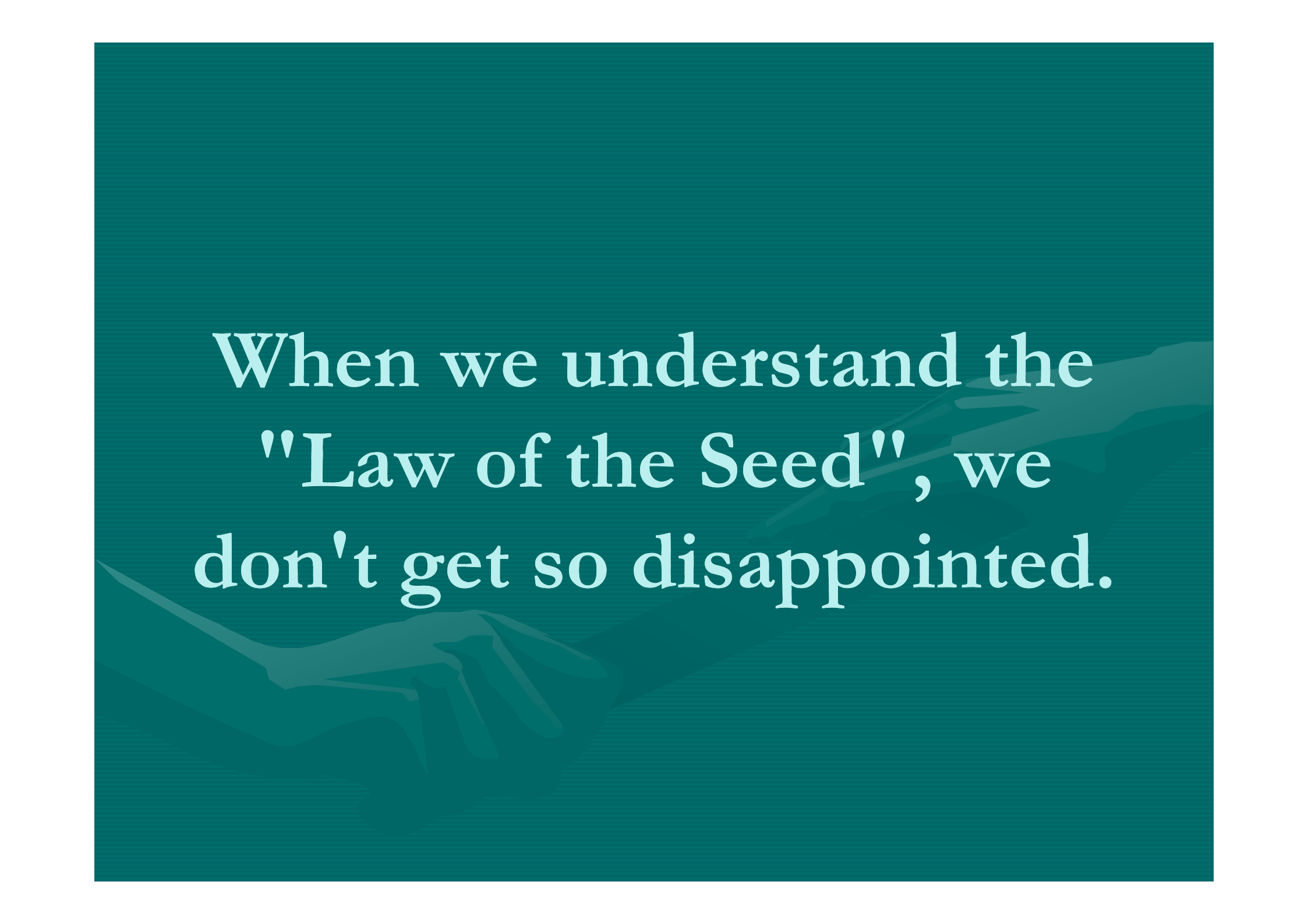
You'll attend twenty interviews to get one job.

You'll interview forty people to find one good employee.

You'll talk to fifty people to
sell one house, one car, one
vacuum cleaner, one
insurance policy, or a
business idea

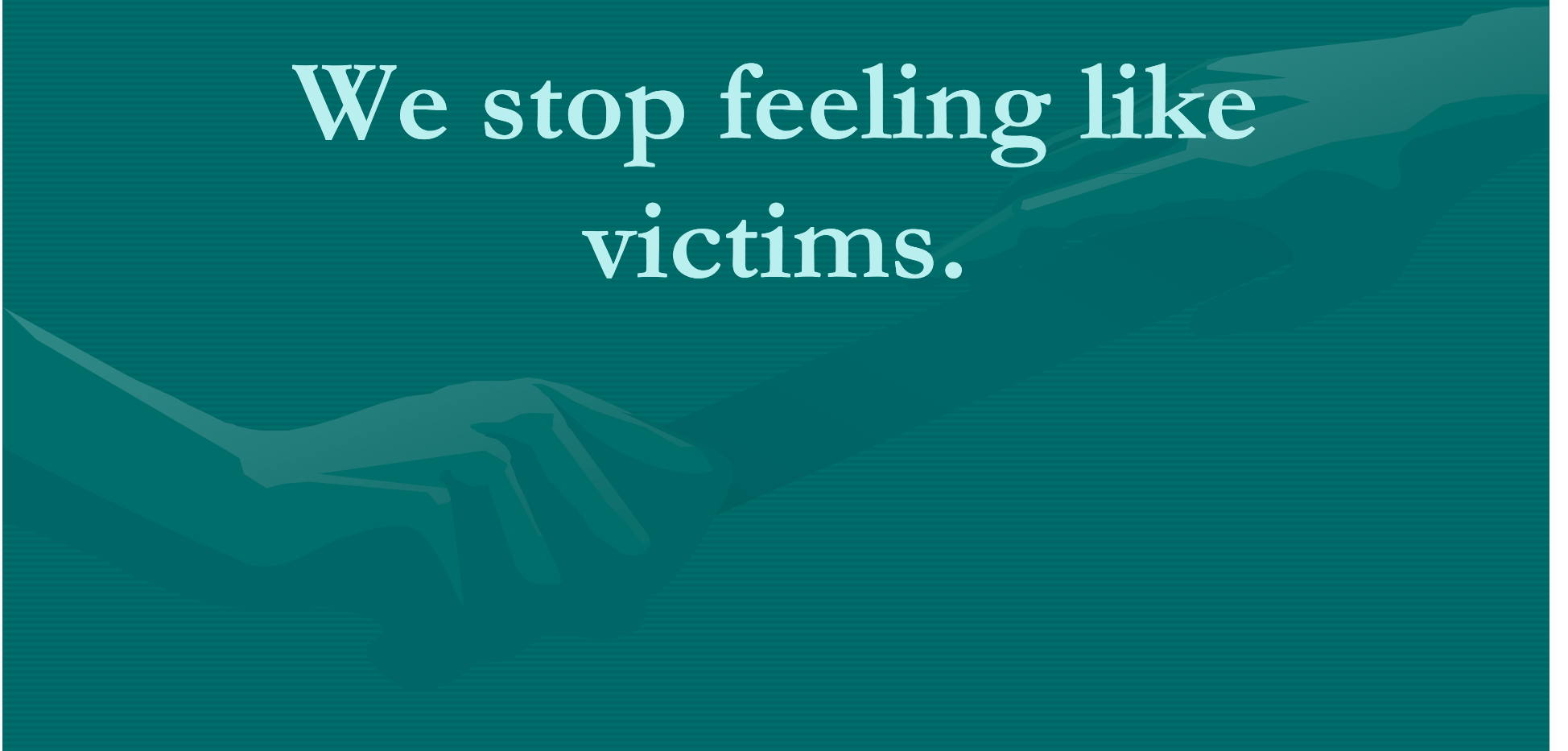
And you might meet a
hundred acquaintances just
to find one special friend.



The background is a solid teal color. In the lower half, there is a faint, semi-transparent image of two hands, one larger and one smaller, gently holding a small seed between them. The text is centered and written in a white, serif font.

When we understand the
"Law of the Seed", we
don't get so disappointed.

We stop feeling like
victims.



We learn how to deal with
things that happen to us.



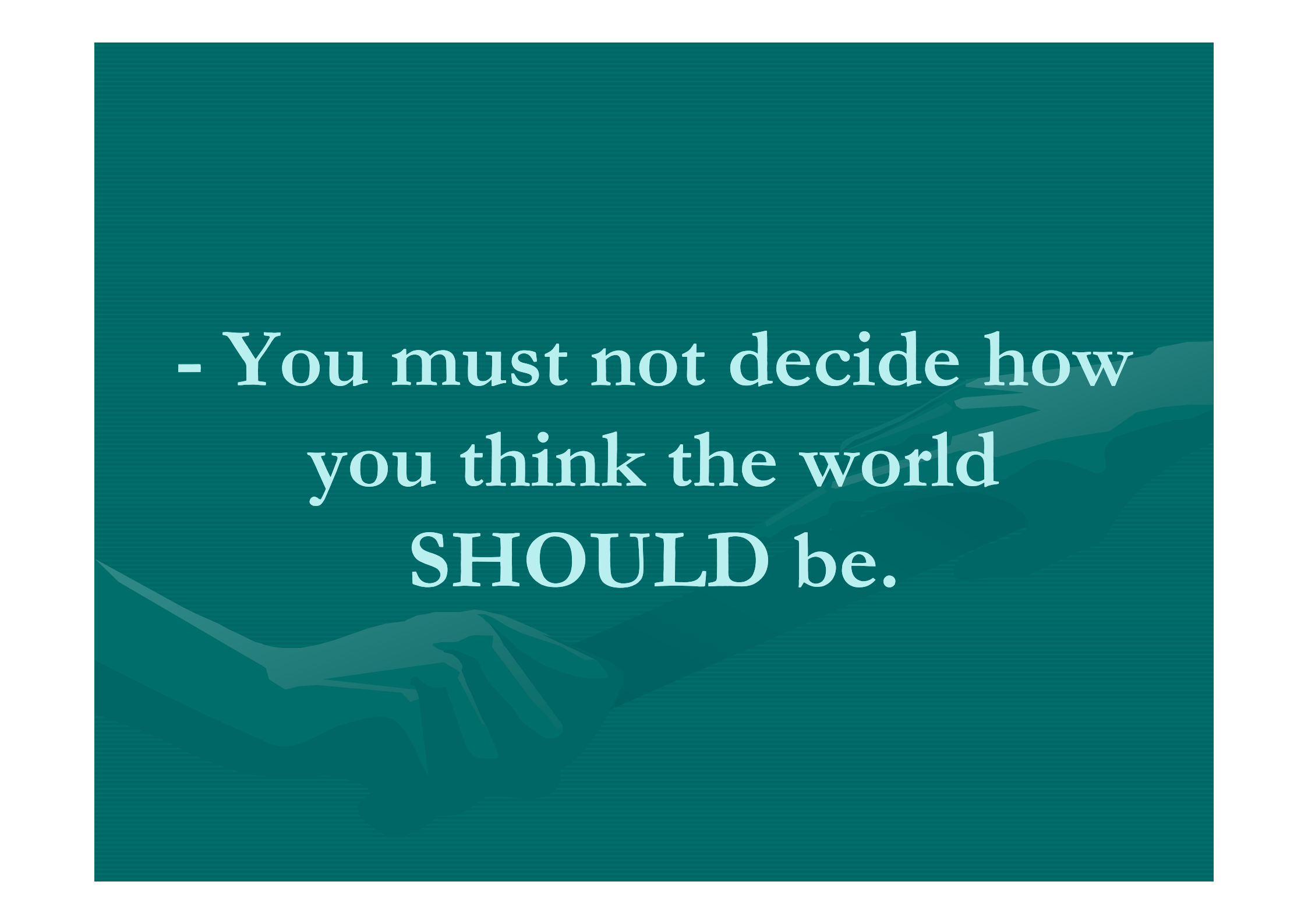
Laws of nature are not
things to take personally.

We just need to understand
them - and work with
them.

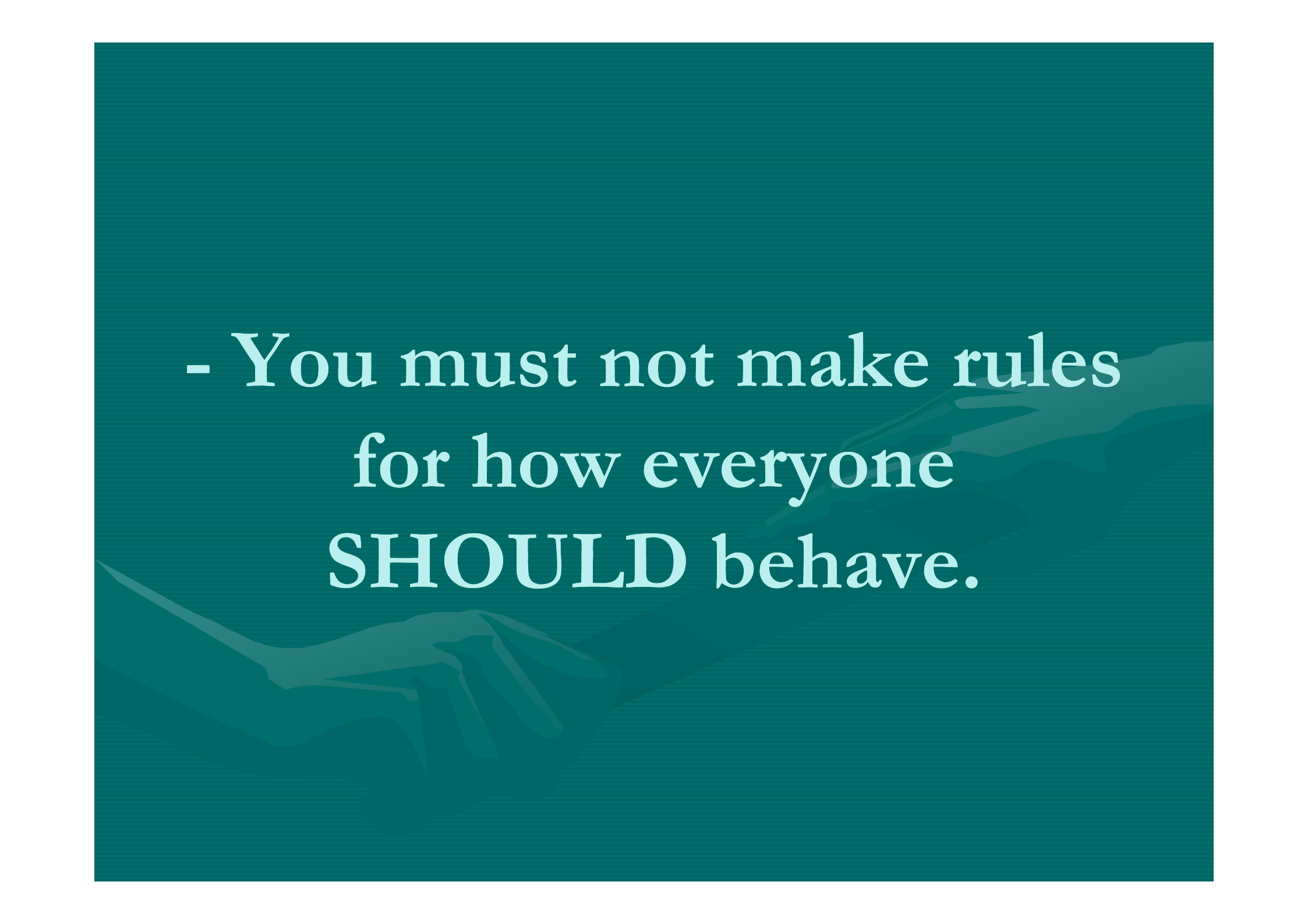
IN A NUTSHELL

Successful people fail more often. But they plant more seeds.

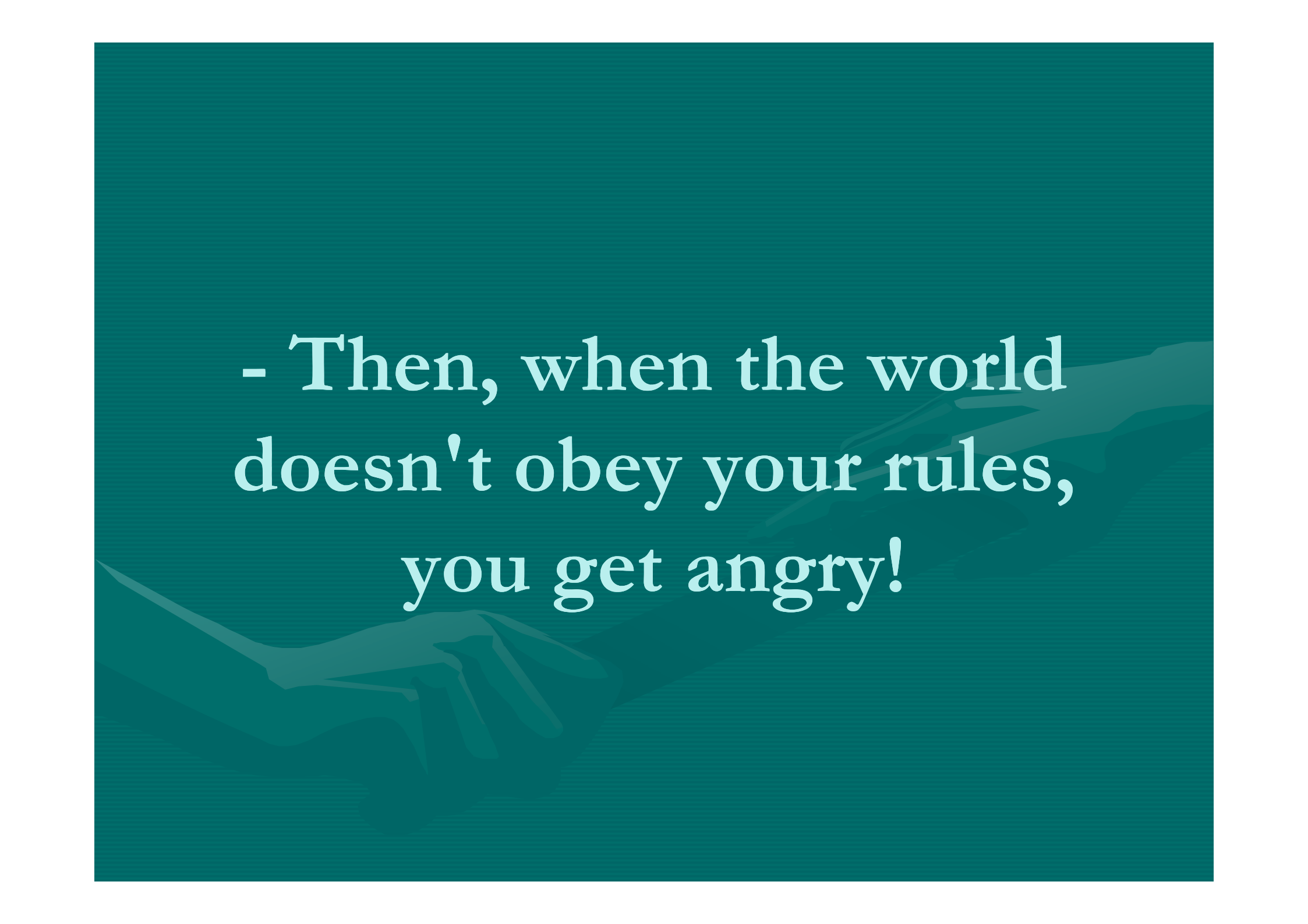
When things are beyond
your control, here's
something that you must
NOT DO so as to avoid
misery in your life:



- You must not decide how
you think the world
SHOULD be.



- You must not make rules
for how everyone
SHOULD behave.

The background is a solid teal color. In the lower-left quadrant, there is a faint, semi-transparent image of two hands shaking, rendered in a lighter shade of teal. The text is centered and reads:

- Then, when the world
doesn't obey your rules,
you get angry!

- That's what miserable
people do!



On the other hand, let's say
you expect that:

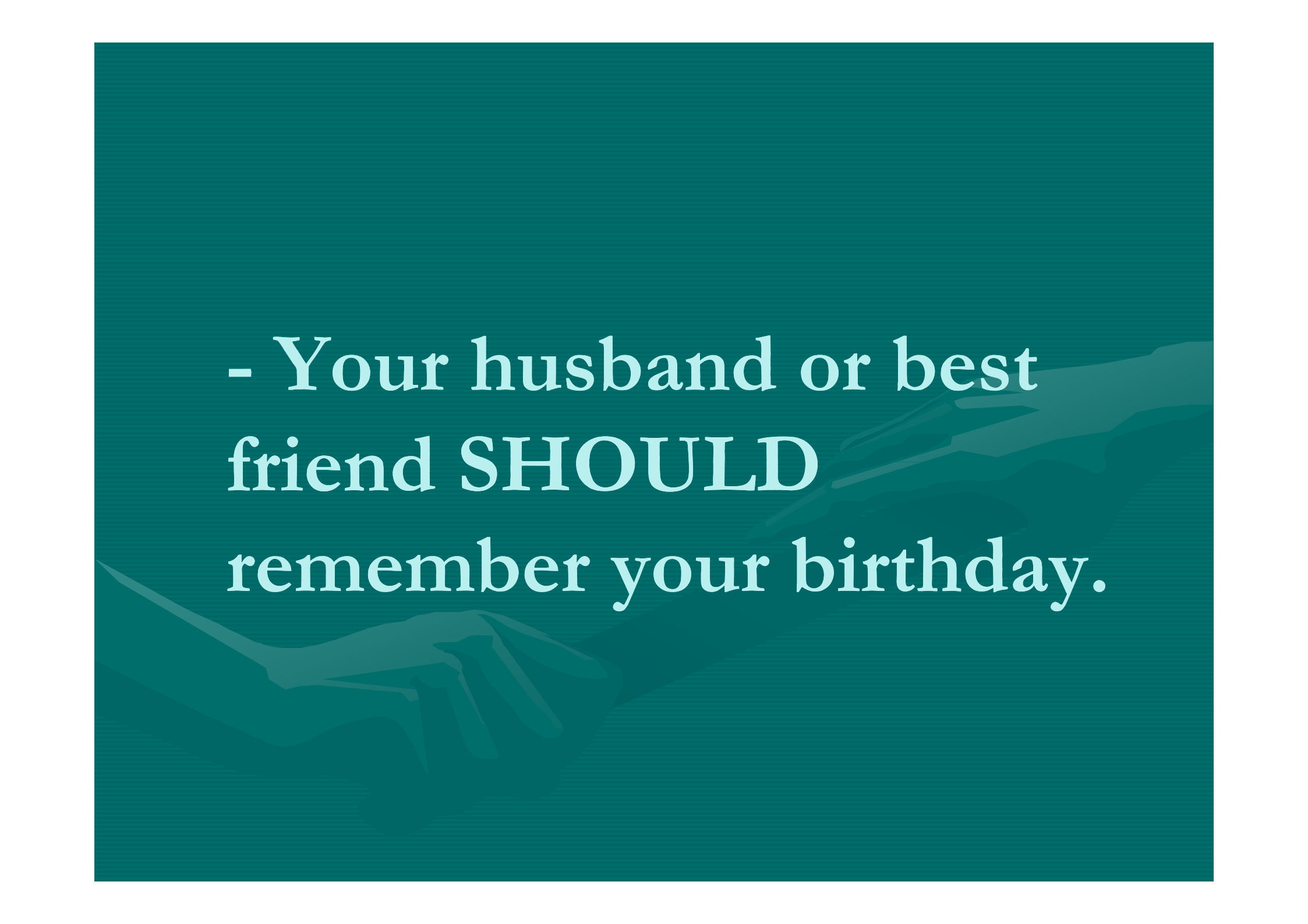


-Friends **SHOULD** return favours.

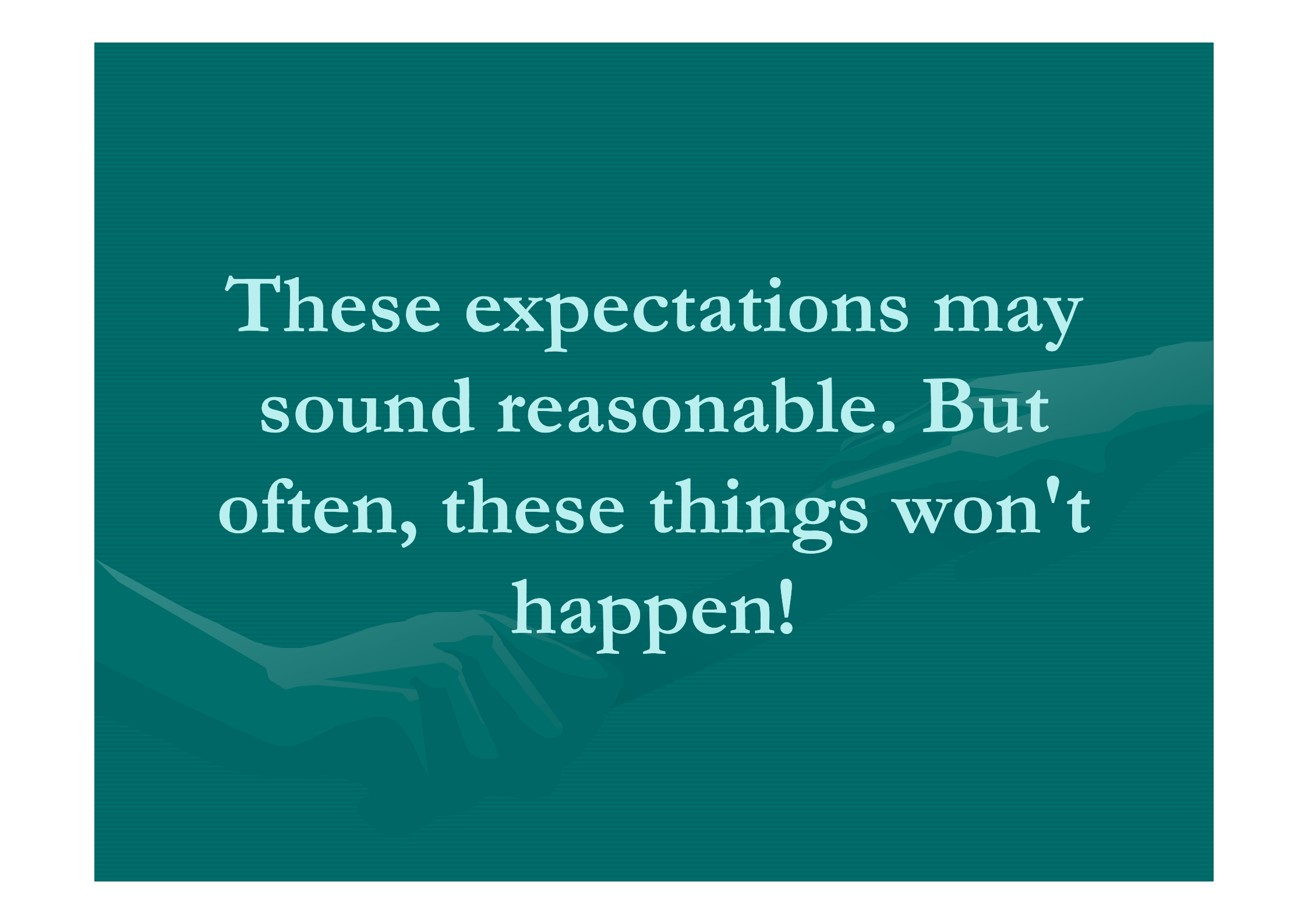
-People **SHOULD** appreciate you.

-Planes SHOULD arrive on time.

-Everyone SHOULD be honest.



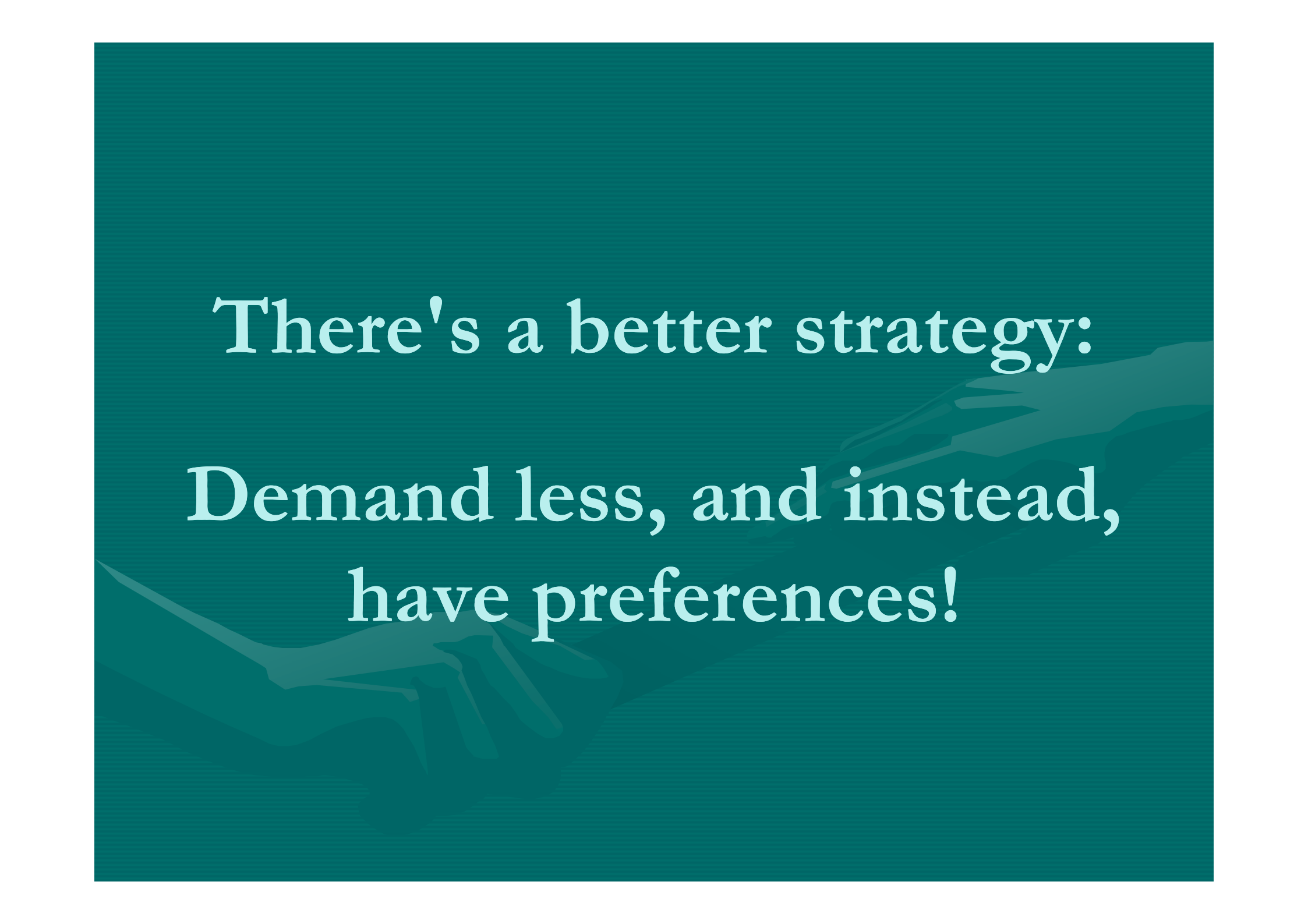
- Your husband or best
friend SHOULD
remember your birthday.




These expectations may
sound reasonable. But
often, these things won't
happen!

So you end up frustrated
and disappointed.





There's a better strategy:
Demand less, and instead,
have preferences!



For things that are beyond
your control, tell yourself:

"I would prefer this, but if that happens, it's OK too!"



This is really a change in
mindset. It is a shift in
attitude, and it gives you
more peace of mind ...

You prefer that people are
polite ... but when they are
rude, it doesn't ruin your
day. You prefer sunshine ...
but if it rains, it is ok too!

To become happier, we
either need to:

- a) Change the world, or
- b) Change our thinking.

It is easier to change our
Thinking!

IN A NUTSHELL

It is not the problem that is the issue, but rather it is your attitude attending to the problem that is the problem.

It's not what happens to
you that determines your
happiness.

It's how you think about
what happens to you!

THE END

Remember – It's your attitude that counts!

<http://www.motivationstuff.com>